

Polk County Jail



Resources for Reintegration
Housing Solutions
-2018-

PCSO Mission Statement:

- The mission of the Polk County Sheriff's Office is to preserve the integrity of the law through proactive community involvement, impartial enforcement, and secure custody of inmates. The Office will utilize advances in technology to detect and solve crimes and enhance public safety communications and will effectively use all available resources to protect and serve the public.
 - The Polk County Sheriff's Office is committed to the continual betterment of all *communities* within its boundaries.
 - The jail division plays a large role in this commitment.



Polk County Jail at-a-glance

Facility Information

Rated capacity – 1,584
Operational capacity – 1,120
Emergency capacity – 1,220

Date of construction – 2008
Current security staff – 262
Current support staff – 48

Annual statistics spanning from August 1st, 2017 - July 31st, 2018

Average daily population – 981
Average length of stay – 19 days

Total inmates processed into facility – 18,867

Total inmates released from facility – 18,858

Total homeless inmates housed – 2,989

Average daily population of homeless – 8.2

Average daily female population – 162

Accreditations–

American Corrections Association

Iowa Dept. of Corrections

State of Iowa Fire Marshal

PREA

ICE

United States Marshal's

Due to the great number of inmates that come in and out of our facility:

- Polk County Jail (and all similar facilities) has a tremendous obligation to act for the benefit of society, by doing all in our power to assist and promote the offender's successful reentry into their communities.



The Corrections field and its' institutions in particular, are often compared to a revolving door because the predominant majority of our inmate population are repeat offenders that don't necessarily have an ideal means to successfully re-integrate into their communities.

Connecting inmates with appropriate services...

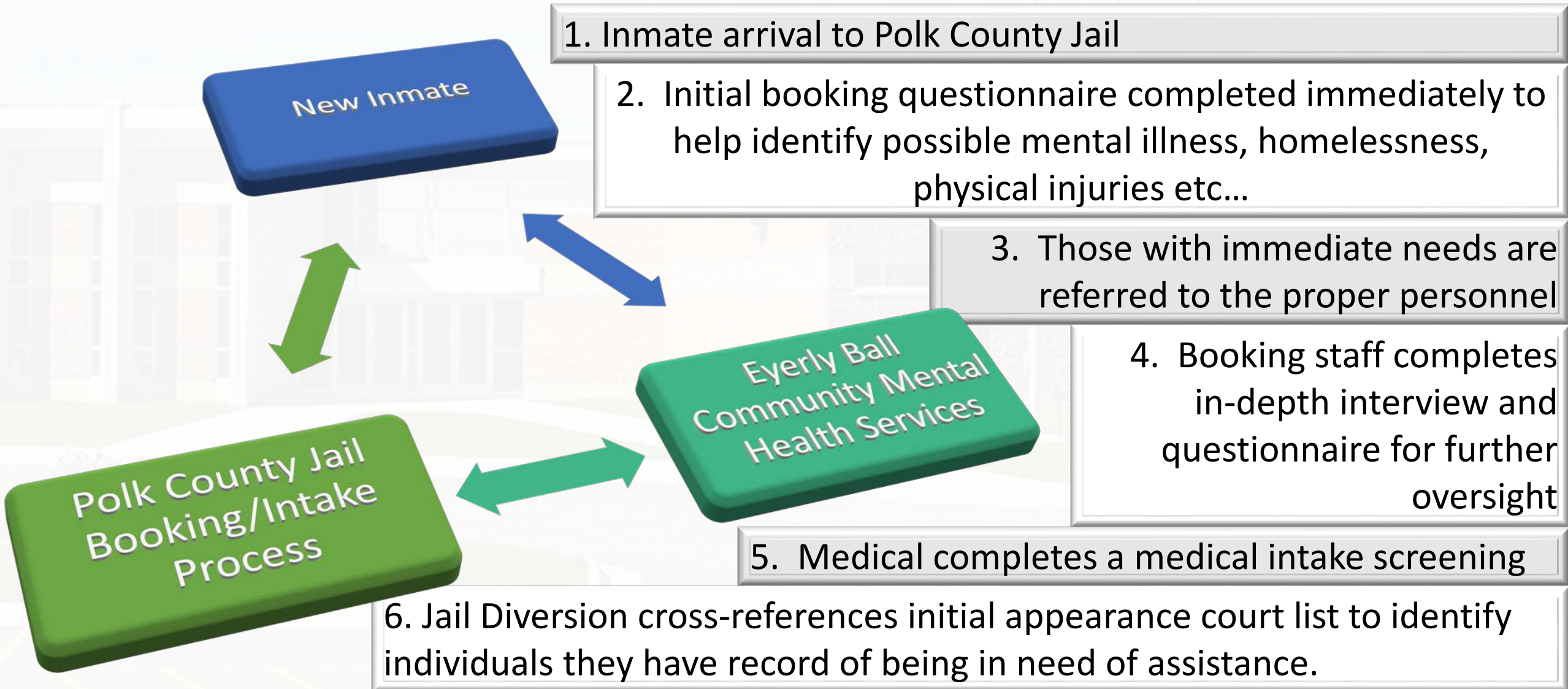
Mentally Ill and Homeless inmates are identified in a variety of ways:

- Initial booking questionnaire
- Booking interview with booking staff
- Eyerly Ball Case Manager identification by cross-reference
- Intake Medical's observations from initial medical screening
- Inmate initiated request to speak with Mental Health, Eyerly Ball or the Homeless Outreach Coordinator
- Program personnel produces a list of identified homeless individuals and veterans to be forwarded to Homeless Outreach three times a week, in addition to a report identifying homeless youth bi-weekly.
- Eyerly Ball forwards inmate requests to speak with Homeless Outreach, if they should receive such a request
- External housing organizations such as Anawim Housing notifies Eyerly Ball personnel if individuals come into the facility that are in danger of losing their residence
- Correctional Officers and jail personnel can initiate the process directly with the Eyerly Ball Case Manager and/or Mental Health
- Family members may also notify the facility if an inmate has special needs



...to ensure they
receive the assistance
they need

Identifying Individuals in Need of Assistance



Jail Diversion Programs

- Eyerly Ball is an organization that provides social services for at-risk inmates brought through Polk County Jail
- On average, Eyerly Ball's case managers at the jail have a caseload of around 20 individuals.
- When inmate requests are submitted to Eyerly Ball personnel, inmates who are eligible are referred to the proper homeless agencies throughout surrounding communities
 - Broadlawns Psychiatric Urgent Care Clinic
 - Primary Health Care Homeless Outreach
 - Central Iowa Shelter
 - Bethel Mission
 - Anawim Housing
 - Anawim staff often informs Eyerly Ball of inmates who are in trouble of losing their homes due to prolonged incarceration
- Inmates may also be referred to Eyerly Ball through facility staff



Eyerly Ball Community Mental Health Services

Eyerly Ball – Jail Diversion

Service Description: The Jail Diversion Program seeks to address people incarcerated in the county jail who may be dealt with more effectively through collaboration between law enforcement, jails, community corrections, criminal courts and community mental health services.

Jail Diversion focuses on individuals who have a mental health diagnosis. Each person participating in the program will receive individualized attention from a Case Manager, who will assist in accessing services that will be essential for the individual to readjust to the community and avoid further incarceration. Services may be medical, behavioral or social in nature.

Goals:

- Reduce recidivism in correctional facilities.
- Help individuals develop skills to live an independent lifestyle and integrate into society.
- Assist individuals with obtaining services essential to their independence and well-being.
- Ensure clients appear at important appointments, such as probation, therapy and medical.
- Reduce the length of stay of incarcerated mentally ill persons in Polk County.

Population Served: Jail Diversion serves adults who have been incarcerated and have a DSM-V mental health diagnosis.

Eyerly Ball – Jail Diversion Cont'd...



- **Approaches to Treatment:**
 - It is the policy of the Polk County Sheriff's Office to provide a jail diversion program based on the Sequential Intercept Model ideas and values consistent with the Polk County MH/MR/DD plan by which eligible individuals with a severe and persistent mental illness have an opportunity to be diverted from the jail environment to follow a case plan as designed and agreed upon by a Diversion Plan Team
- **Family/Other involvement:**
 - Staff encourages family and friends to participate in the Jail Diversion Program according to the client's wishes
- **Jail Diversion Incarceration Support:**
 - **Purpose:** To describe the ongoing support services provided to individuals incarcerated within the Polk County Jail and initially identified by JD with mental health needs
 - **Policy:** Individuals currently identified by the JD program as involved with or 'in need of' mental health services will be provided some ongoing support by the JD program
 - **Procedure:** The Jail Diversion Team Lead or designee, will attend as many follow-up legal proceedings as possible for identified individuals.
 - During follow-up proceedings the JD Team Lead/designee will provide mental health advocacy for these individuals with the goal of reducing the length of jail sentences in favor of a more treatment intensive approach to reducing recidivism

Eyerly Ball – Jail Diversion Cont'd...



- **Daily Jail Diversion Identification and Service**

- Each day of the week, Monday through Friday, the JD Team Lead will cross reference the Polk County MIS Database (containing information about the persons within Polk County who are currently involved with the mental health system) with the Polk County Jail roster
 - Persons identified on both lists will be earmarked for JD service including representation at initial court hearings for these individuals
- The JD Team Lead will attend all initial court appearances to serve as an advocate for these individuals identified through the MIS database process, or through another referral source (calls from family, judges, attorneys, community supports, jail personnel, etc.) and to help identify those individuals who are in need of mental health services, but have not been previously identified
- Following the court hearings:
 - Individual's case managers are provided an update on the individual's legal status
 - The Eyerly Ball Cropp Clinic is contacted to inform them of a current client's incarceration status so that individual providers in the Cropp Clinic can be notified

Eyerly Ball – Jail Diversion Cont'd...



Daily Jail Diversion Identification and Service

- Following the court hearings:
 - Individual's case managers are provided an update on the individual's legal status
 - The Eyerly Ball Cropp Clinic is contacted to inform them of a current client's incarceration status so that individual providers in the Cropp Clinic can be notified
 - The Director of Mental Health Services with the Polk County Jail is contacted to inform them of persons needing mental health services while incarcerated
- Individuals released from incarceration may be assisted by the JD program with transportation from the Polk County Jail as needed.



Primary Health-Care Services

Primary Health Care Homeless Outreach provides two representatives to meet regularly with our inmates and one representative to meet with our homeless veterans.

Representatives from the Iowa Homeless Youth Center meets with inmates between the ages of 18-22. The representatives make visits monthly to talk with inmates in their program.



These representatives will work with the inmates to help get their rent paid and signed up for housing programs or shelters.

Inmates also can sign up to meet with our Primary Health Care Homeless Outreach representatives by signing up on the inmate tablets.

A list is generated three times a week of inmates who've been identified as homeless.

WORK WITH CLIENTS WHO ARE LITERALLY HOMELESS OR NEAR HOMELESSNESS.



CONNECTING CLIENTS TO COMMUNITY RESOURCES.

ASSISTED OVER



2,600
HOUSEHOLD

PROVIDED ACCESS TO CLOTHING & SHOWER



DAILY

OFFERS FREE FOOD



THROUGH GENEROUS DONATIONS FROM AREA GROCERIES & RESTAURANTS.

Primary Health Care

- Programs staff produces a report for representatives of Primary Health Care three times per week identifying homeless individuals housed within the facility
- A report is also produced bi-weekly identifying homeless youth that are processed through the Polk County Court System
- Inmates are asked on at least three separate occasions throughout the booking and intake process if they are homeless
 - Initial booking questionnaire immediately as they enter the facility
 - Interview with a booking clerk to update all of their personal information
 - Medical intake screening
- Officers working within booking and intake will update our records, which is reflected on the report that Programs produces
- Inmates may also request to speak to Homeless Outreach through the inmate request system found on the inmate tablets
- The Homeless Outreach coordinator meets with homeless inmates regularly
- Inmates that have requested to be identified as homeless to meet with the coordinator have their information forwarded to Primary Health Care.

Homeless Assistance - Veterans

- Homeless Veterans
 - Primary Health Care provides a Veterans Assistance Representative for our homeless veteran population
 - This representative meets with veterans every other week
 - These meetings attempt to connect veterans with general services for their benefit
 - The representative also assesses each veteran's service history to see if they qualify for any Veterans Association (VA) or Supportive Services for Veterans Families (SSVF) programming
 - Individuals are referred to Primary Health Care for an SSVF pre-screening to obtain the individual's DD-214, and fill out a 1010EZ if they are unsure of their medical eligibility
 - Some circumstances require a referral to the Polk County Veterans Association, the CCRC and the VA hospital
 - Inmates are encouraged to come in once they are released to do the assessment to get a better grasp on what further referrals would be appropriate for them.





Veterans Assistance



- Polk County Veterans Affairs Representative
 - Veterans list is provided on a daily basis by the facility Programs staff
 - Representatives meet with veteran inmates regularly
- Veterans Affairs Medical Center
 - Coordinates with program staff for psychiatric referrals
 - Telephone interviews are set up for the two parties
 - Veteran inmates are allowed to call the VA Medical Center free of charge from the housing units
 - Representatives meet with veteran inmates regularly



Homeless
Roster
3X/Week

- Primary Health Care
Homeless Outreach
 - Eyerly Ball

Veteran
Roster Daily

- Polk County Veteran
Representative
- Veteran Affairs Medical Center

Homeless
Youth Roster
Bi-weekly

- Primary Health Care
Homeless Outreach
 - Eyerly Ball

Veteran's Services



- Veterans Justice Outreach Program
 - Representative makes regular visits to the facility, works with legal system to identify mental health or substance abuse treatment options, assists with eligibility determination, enrollment and referral to VA and non-VA services
 - Jail Programs staff produces a list of veterans within the facility every day

- Veterans Employment Representative for Iowa
 - Assists in advancement of employment for veterans
 - 515-281-9061

- Veterans Affairs Regional Office
 - Assist eligible veterans to obtain benefits
 - 1-800-827-1000

- The Vet Center
 - Readjustment counseling for individuals and families (PTSD), Agent Orange information and medical referrals, services are for wartime veterans & their immediate family
 - 515-284-4929

- VA Central Iowa Health Care System
 - Homeless veteran coordinator
 - 515-699-5999

- Polk County Department of Veterans Affairs
 - Vouchers for food, room and board, rent and utilities up to 3 months for veterans and their families, veteran must have DD-214, job service pink slip & completed food stamp application
 - 515-286-3670

Visitation with an Inmate

- On a daily basis, the facility receives visits from representatives of many of these organizations, most commonly:
 - Veterans Justice Outreach
 - Veterans Affairs Medical Center
 - Polk County Veterans Affairs
 - Homeless Outreach
 - Eyerly Ball
 - Prelude
- These visits typically are face-to-face, however some of the less frequent visitors from different organizations may be directed to use the visitation monitors which are available in the public lobby

Upon Release

Our goal is to provide individuals with the tools they need in order to break their cycle of behavior which perpetuates their criminality.

Therefore, we provide ALL inmates with a resource booklet meant to aid them in situations they may find themselves in, to dissuade them from turning to crime as their 'aid'.

This resource booklet is updated annually by our Programs staff and provided for all inmates checking out of the facility.

Inmate patients with behavioral health medication are provided information regarding any prescribed medications they may have, which can be brought to ***Broadlawns Psychiatric Urgent Care Clinic*** in order to maintain medical care continuity.

Prescriptions are filled at ***SafeNetRx Pharmacy*** and mailed to the individual's residence. Individuals must contact the pharmacy for refills.

RESOURCE INFORMATION FOR RELEASED INMATES



**POLK COUNTY JAIL
DES MOINES, IOWA**

**BILL MCCARTHY
SHERIFF**

RESOURCE INFORMATION FOR RELEASED INMATES



**POLK COUNTY JAIL
DES MOINES, IOWA**

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Agency Referrals for General Assistance

- **Polk County Community Family & Youth Services**
 - Financial, rent, utility, basic needs assistance. Vouchers for food, clothing and transportation.
- **West Des Moines Human Services**
 - Low-income, elderly, homeless, disability assistance
- **Cross Ministries**
 - Assistance for all ages to obtain needed services
- **Iowa Homeless Youth Outreach**
 - Ages 16-25 may obtain services to meet basic needs
- **Social Security Office**
 - Social Security cards, disability benefits, Medicare, Medicaid
- **Salvation Army – Temple Corps**
 - Assistance w/furniture, clothing, food, rent and utilities.



Housing Assistance

- Anawim Housing
 - Shelter Plus Care Program
 - Rental Program
 - Referral from PHC required
- Des Moines Municipal Housing Agency
 - Dedicated to increasing affordable housing and home ownership
 - Section 8 & Public housing
- Neighborhood Finance Corporation
 - Loans for housing & housing repair/remodeling
 - Home buying and home ownership
- Oakridge Neighborhood
 - Quality, affordable, subsidized housing, all-day childcare, youth education, job training, GED, ESL, Computer Lab
- Property Management Company
 - Referrals required from either Primary Health Care or Broadlawns
- Greater Des Moines Habitat for Humanity, Inc.
 - Restore: selling building materials & used appliances
 - Homeownership Program
 - Home repair program
- Home, Inc.
 - Pre Purchase counseling, long term counseling, landlord mediation, rental rights
- United Way 211
 - #211 from any phone
 - Provides listings of reduced rent/subsidized housing

Shelters and Transitional Housing-Male & Female

- Central Iowa Shelter and Services
 - Meals 3 X day, clothing, food pantry, computer lab, GED classes on-site
- YMCA
 - Case manager on-site, clothing, alcohol/drug free
- Iowa Homeless Youth Buchanan House
 - Ages 16-21, free, transitional living, education and employment assistance



Shelters and Transitional Housing-Males

- Bethel Mission
 - Meals, clothing, 18 and older, first 60 days are free
- Door of Faith Mission
 - Vouchers for clothing, working mission, rehabilitation program, 12-month program participation
- Hansen House
 - Meals, shelter, independent living, \$300-400/mo. including utilities, income-based
- Harbor of Hope Mission
 - Recovery House, six month program, must remain sober, \$400/mo.
- Salvation Army
 - Halfway house, work-therapy, individual/group therapy, alcohol/drug free, meals and clothing



Shelters and Transitional Housing-Females

- Beacon of Life
 - Single females 18+, transitional housing, rehabilitation services, meals provided \$13/day
- Hope Family Center
 - Drug/Alcohol free, Bible based recovery, 30-day, 90-day or long-term programs, employment assistance, housing assistance, life-skills, 5-year aftercare
- House of Mercy
 - Women and children, substance abuse recovery, transitional living, extended outpatient services, counseling, parenting education, job skill training, education, employee assistance, childcare
- Lighthouse
 - 16-25, pregnant or parenting only, free, transitional housing
- New Directions Shelter
 - Women/children, case director on-site, clothing, meals, temporary emergency shelter, free, employment assistance, housing assistance, child care assistance, laundry facilities, free diapers, hygiene products available



Shelters and Transitional Housing-Females Cont'd...

- Ruth Harbor
 - Females under 23, drug/alcohol free, no-cost, faith-based but no faith commitment required
- Women's Christian Temperance Union of Iowa
 - Transitional living, single women or parent with single child, drug free environment
- Unity Place
 - Single women, no men on premises, no children, drug/alcohol free, apply through Primary Health Care, \$350/mo.



Shelters and Transitional Housing-Families

- Hawthorne Hill Home Connection
 - Supportive housing for families w/child or children only, requires work toward employment, education, etc., Full-time case manager, income-based programming
- New Directions Permanent Supportive Housing Program
 - 2 yr. program, Case manager, financial planning, repair credit, parenting, nutrition classes, family structure support
- Saint Joseph Emergency Shelter
 - Families w/children only, no cost, meals, case manager, furniture closet/garage available, laundry services
- West Des Moines Transitional Housing Program
 - Homeless families with child/children only



Additional Assistance

- As the State of Iowa's largest county jail, PCJ is one of the primary organizations that comes into contact with the homeless population
- We offer many different resources and provide much information so that the homeless population is enabled to obtain an improved quality of life
- These programs and resources are provided both while an inmate is in custody as well as after their release
- The predominant ideology driving these practices contends that by giving individuals the means to improve their quality-of-life, their likelihood of recidivating is diminished exponentially.
 - Perhaps the greatest ramifications of these efforts are:
 - Decreased homeless population
 - Mitigation of over-crowding within PCJ
 - Lower crime rates
 - Better quality of life for those affected
- This assistance includes (but is not limited to)-
 - Employment Assistance
 - Educational Assistance (In/Out of custody)
 - Health and Medical Resources
 - Treatment Programs and Services
 - Court ordered treatment
 - Anger Management
 - Stress Management
 - Financial Planning
 - Tobacco Cessation
 - Counseling and support groups
 - Parenting programs and services
 - Pregnancy services
 - Veterans assistance
 - Elderly assistance
 - Legal assistance
 - Crisis Management
 - Disability assistance
 - Transportation solutions
 - A comprehensive phone directory

Behavioral Health Medication Assistance Program



- Correct Care Solutions (Polk County Jail's medical/mental health provider) provides the inmate patient with information regarding any prescribed medications which can be brought to Broadlawns Psychiatric Urgent Care Clinic in order to maintain medical care continuity
- Inmates are encouraged to visit Broadlawns Psychiatric Urgent Care Clinic to be seen by a physician after their release from Polk County Jail.
 - Individuals are required to show proof of Iowa residence as well as proof of income
 - Provides free 30-day supplies of behavioral health medications upon release for up to 6-months
- Prescriptions are filled at SafeNetRx Pharmacy and mailed to the individual's residence
 - Individuals must contact the pharmacy for refills

SafeNet RX

This 501(c)(3)

Established in 2001 as the Iowa Prescription Drug Corporation to provide pharmaceutical access to Iowans who cannot afford prescription drugs.

Serve Iowa's Safety Net Patients - uninsured or underinsured Iowans with incomes 200 percent of the federal poverty level or below

Safety Net Services

- Address issues of pharmaceutical access through innovative, non-traditional partnerships.
- Leverage scarce resources and create value for all stakeholders in our health delivery systems.
- Short-term, Gap Assistance
- Focus: Safety Net Patients – High cost users
 - Uninsured and Underinsured
 - Medicare eligible Iowans
 - Individuals with Chronic Behavioral Health Disorders
 - State and Local Offenders

Behavioral Health Medication Assistance

Justice Involved Patents

Provide 30 day supplies of behavioral health prescription drug coverage (for up to 6 months) for patients that have been under supervision of state or local law enforcement.

Eligibility:

1. Living in the state of Iowa
2. Individual or household income falls below 200% of the federal poverty level
3. Individual is uninsured or underinsured for the prescribed medication listed on the program formulary
4. Individual previously has been incarcerated or placed under the supervision of state or local law enforcement within three years

Upon Release:

1. Individual is referred to Broadlawns Psychiatric Urgent Care Clinic and is registered for the program
2. Prescriptions are sent to the SafeNetRx pharmacy and filled utilizing pharmaceutical safety net programs
3. All behavioral health medications are provided at no-cost to the patient for up to 6 months
4. Can also provide assistance for non-behavioral health meds through SafeNetRx pharmacy

Addressing High Rates of Recidivism

To effectively reduce the rates of recidivism in Polk County, offenders identified as mentally ill should be targeted.

Polk County Jail: 24% of Inmates, those potentially having mental illness, accounted for 44% of All Bookings

Since July 1, 2008, 24% of Polk County inmates identified as mentally ill (16,887 of 71,330 total inmates) accounted for 44% of the bookings (75,674 bookings of the 173,546 total bookings).

Of the 16,887 inmates identified as mentally ill, 75% of this group are recidivists (12,597 inmates).
Consistent finding over time.



Social Determinants of Health



P O L K | **C O U N T Y**
H E A L T H | **S E R V I C E S**

Service Delivery System Values

- Self-sufficiency is the cornerstone to full citizenship
- Collaboration and accountability are essential for achieving quality outcomes
- All informed choices come with opportunity and responsibility
- Continuous innovation allows for system improvement, flexibility & responsiveness

Social Determinants of Health Measures

- Housing
- Homelessness
- Involvement in Criminal Justice System
- Employment
- Education
- Transition to Adulthood
- Participant Satisfaction
- Program Participant Empowerment
- Family Satisfaction
- Access to Somatic Care
- Community Inclusion
- Negative/Appropriate Disenrollment
- Hospital Bed Days
- Emergency Room Visits
- Improve Quality of Life
- Administrative Outcomes

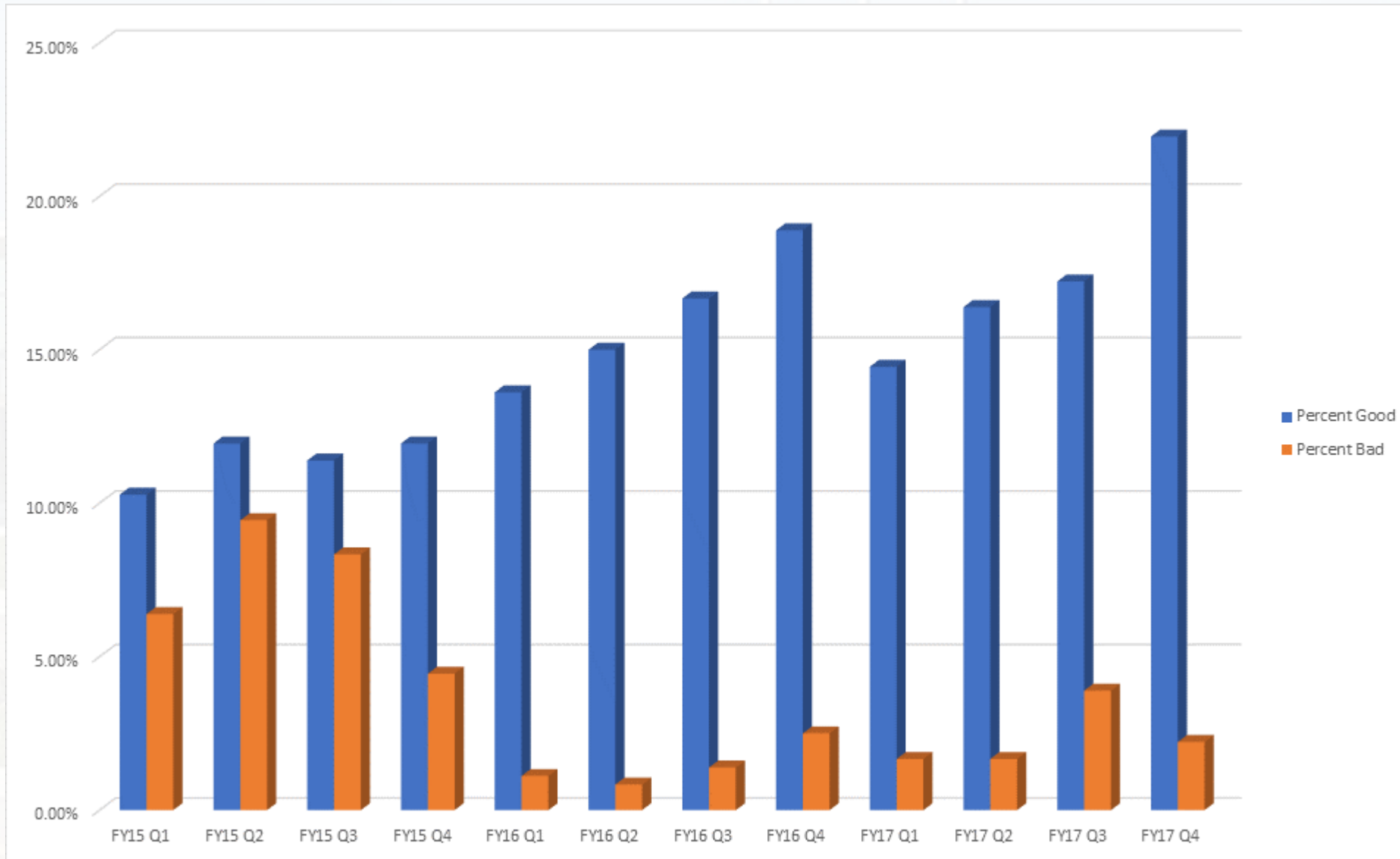
If Values Are the Focus and Roles Are Created...

- These Areas Will Increase
 - Quality of Life
 - Satisfaction (Individual/Family)

- These Areas Will Be Prevented
 - Homeless Nights
 - Jail Days
 - Negative Disenrollments
 - Psychiatric Hospital Days
 - Emergency Room Visits



When we focus on employment, education, community inclusion, and housing...jail days, ER visits, inpatient days and homeless days go down!





Major Cory Williams
Polk County Jail
Cory.Williams@polkcountyiowa.gov

Jon Rosmann
SafeNetRx
Jon.Rosmann@safenetrx.org

Annie Uetz
Polk County Health Services
a.uetz@pchsia.org